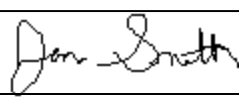


# Sample Profile For Assignment To MED HOLD Comp

<b>PHYSICAL PROFILE</b> For use of this form see AR 40-501; the proper reporting agency is the Office of the Surgeon General.																							
1. MEDICAL CONDITION (Description in lay terminology) Chronic Low Back Pain with Herniated Disc				<input checked="" type="checkbox"/> INJURY? Or <input type="checkbox"/> ILLNESS/DISEASE?		2. CODES (Table 72 AR 40-501)		3. <div style="display: flex; justify-content: space-between;"> <span>Temporary</span> <span>Permanent</span> </div>		<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>P</td><td>U</td><td>L</td><td>H</td><td>E</td><td>S</td> </tr> <tr> <td>3</td><td>1</td><td>3</td><td>1</td><td>1</td><td>1</td> </tr> </table>		P	U	L	H	E	S	3	1	3	1	1	1
P	U	L	H	E	S																		
3	1	3	1	1	1																		
4. PROFILE TYPE								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>YES</td><td>NO</td> </tr> </table>		YES	NO												
YES	NO																						
a. TEMPORARY PROFILE (Expiration date YYYYMMDD) _____ (limited to 3 months duration)								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td></td> </tr> </table>															
b. PERMANENT PROFILE (Reviewed and validated as a minimum with every periodic physical exam after 5 years from the date of issue)								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X													
X																							
c. IF A PERMANENT PROFILE WITH A 3 OR 4 PULHES, DOES THE SOLDIER MEET RETENTION STANDARDS IAW CHAPTER 3 AR 40-501? (If USAR/ARNG/ARNGUS SOLDIER NOT ON ACTIVE DUTY SEE PARA 9-10 & 10-26, AR 40-501. IF SOLDIER DOES NOT MEET RETENTION STANDARDS.)								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>Nears MMRB</td><td>Nears MEB/PMB</td> </tr> <tr> <td></td><td>X</td> </tr> </table>		Nears MMRB	Nears MEB/PMB		X										
Nears MMRB	Nears MEB/PMB																						
	X																						
5. FUNCTIONAL ACTIVITIES FOR PERMANENT AND TEMPORARY PROFILES (If any answer (a) is NO then the profile should be at least a 3)																							
a. ABLE TO CARRY AND FIRE INDIVIDUAL ASSIGNED WEAPON								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X												
	X																						
b. ABLE TO MOVE WITH A FIGHTING LOAD AT LEAST 2 MILES (48 LBS. Includes helmet, boots, uniform LBE, weapon, protective mask, pack, etc.)								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X												
	X																						
c. ABLE TO WEAR PROTECTIVE MASK AND ALL CHEMICAL DEFENSE EQUIPMENT								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X													
X																							
d. ABLE TO CONSTRUCT AN INDIVIDUAL FIGHTING POSITION (Dig, fill, & lift sandbags, etc.)								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X												
	X																						
e. ABLE TO DO 35 SECOND PUSHUPS UNDER DIRECT AND INDIRECT FIRE								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X												
	X																						
f. IS SOLDIER HEALTHY WITHOUT ANY MEDICAL CONDITION THAT PREVENTS DEPLOYMENT?								<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X												
	X																						
6. APFT		<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>YES</td><td>NO</td> </tr> </table>		YES	NO	ALTERNATE APFT (Fill out if unable to do APFT run otherwise N/A)				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>YES</td><td>NO</td> </tr> </table>		YES	NO										
YES	NO																						
YES	NO																						
2 MILE RUN		<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X	APFT WALK				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>NA</td><td></td> </tr> </table>		NA											
	X																						
NA																							
APFT SIT-UPS		<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X	APFT SWIM				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>NA</td><td>X</td> </tr> </table>		NA	X										
	X																						
NA	X																						
APFT PUSH-UPS		<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X	APFT BIKE				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>NA</td><td></td> </tr> </table>		NA											
	X																						
NA																							
7. STANDARD OR MODIFIED AEROBIC CONDITIONING ACTIVITIES (Check all applicable boxes)																							
UNLIMITED RUNNING				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>					X	OR RUN AT OWN PACE & DISTANCE				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>			X						
	X																						
	X																						
UNLIMITED WALKING				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>					X	OR WALK AT OWN PACE & DISTANCE				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X							
	X																						
X																							
UNLIMITED BIKING				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>					X	OR BIKE AT OWN PACE & DISTANCE				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X							
	X																						
X																							
UNLIMITED SWIMMING				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td></td><td>X</td> </tr> </table>					X	OR SWIM AT OWN PACE & DISTANCE				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X							
	X																						
X																							
8. UPPER BODY WEIGHT TRAINING (See FM 21-20)				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X		9. LOWER BODY WEIGHT TRAINING (See FM 21-20)				<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>X</td><td></td> </tr> </table>		X									
X																							
X																							
10. OTHER: eg. Functional limitations and capabilities and other comments (May continue on page 2) No run/ruck/jump/lift > 20lbs/sit ups/flutter kicks/ or activities that stress the lower back. PT OPAD, encourage swimming for PT PT HAS BEEN PROFILED FOR WELL OVER A YEAR FOR THIS CONDITION. RECOMMEND MEB.						11. THESE PARAMETERS ARE OPTIONAL, USE AS NEEDED Lifting or carrying max weight _____ 20 _____ or _____ distance _____ Running maximum distance _____ Prolonged standing - maximum time per episode _____ Marching with standard field gear except rucksack max distance _____ _____ Impact activities such as jumping max # reps in one day _____																	
<input type="checkbox"/> This temporary profile is an extension of a temporary profile first issued on _____						12. TYPE NAME & GRADE OF PROFILING OFFICER EDWARD H. BAILEY, MAJ, MC																	
13. SIGNATURE						14. DATE (YYYYMMDD) 20050801																	
15. ACTION BY APPROVING AUTHORITY						<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td><input checked="" type="checkbox"/> APPROVED</td> <td><input type="checkbox"/> NOT APPROVED</td> </tr> </table>						<input checked="" type="checkbox"/> APPROVED	<input type="checkbox"/> NOT APPROVED										
<input checked="" type="checkbox"/> APPROVED	<input type="checkbox"/> NOT APPROVED																						
16. TYPE NAME & GRADE OF SENIOR PROFILING OFFICER OR APPROVING AUTHORITY ANDREW J. KOSMOWSKI, LTC, MC, DIVISION SURGEON						17. SIGNATURE																	
18. DATE (YYYYMMDD) 20050801						19. ACTION BY UNIT COMMANDER (See para 7-12, AR 40-501)																	
THIS PROFILE REQUIRES A CHANGE IN THIS SOLDIER'S MOS or DUTY ASSIGNMENT						<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td>YES</td><td>NO</td> </tr> </table>						YES	NO										
YES	NO																						
20. COMMENT																							
If this is a permanent profile with a PULHES serial of 3 or 4 refer to block 4c																							
21. TYPE NAME & GRADE OF UNIT COMMANDER JOE COMBAT, CPT, IN COMMANDING						22. SIGNATURE																	
23. DATE (YYYYMMDD) 20050801						24. PATIENT'S IDENTIFICATION (For typed or written entries give Name (Last, first); grade SSN; hospital or medical facility) DOE, JOHN L. SGT/E-5 123-45-6789																	
25. UNIT HHC, 1-87 IN						26. ISSUING CLINIC, PROVIDER EMAIL & PHONE NUMBER CTMC, FORT DRUM, NY (315) 772-3600/8411 EDWARD BAILEY																	
PROFILING OFFICER (Or Approving Authority if applicable) IS RESPONSIBLE FOR ENSURING THE PULHES & DATE OF PROFILE IS ENTERED INTO MED PROS. ORIGINAL COPY POSTED IN MEDICAL RECORDS, 1 COPY TO UNIT COMMANDER, 1 COPY GIVEN TO SOLDIER, 1 COPY TO MILPO.																							

# Sample LOD For Assignment To MED HOLD Comp

<b>STATEMENT OF MEDICAL EXAMINATION AND DUTY STATUS</b> <small>For use on this form use AF 6038-1, the payment agency is DCSPER</small>			
THRU: (Include ZIP Code)		TO: (Include ZIP Code) COMANDER, 10th MTN DIV (LI) ATTN: AFZS-PR-CAC FORT DRUM, NY 13602	
FROM: (Include ZIP Code) COMMANDER: USA MEDDAC ATTN: MCID-PA FORT DRUM, NY 13602			
1. NAME OF INDIVIDUAL EXAMINED (Last, First, and Middle Initial) HOMER R. SIMPSON		2. SSN 001-02-003	3. GRADE E-5
4. ORGANIZATION AND STATION 2-112 IN BN, FORT DRUM, NY 13602		5. ACCIDENT INFORMATION a. DATE 18 FEB 2002 b. PLACE (City and State) Fort Drum, NY	
SECTION I - TO BE COMPLETED BY ATTENDING PHYSICIAN OR HOSPITAL PATIENT ADMINISTRATOR			
6. INDIVIDUAL WAS <input type="checkbox"/> OUT PATIENT <input checked="" type="checkbox"/> ADMITTED <input type="checkbox"/> DEAD ON		7. NAME OF HOSPITAL OR TREATMENT FACILITY Guthrie Army Medical Clinic <input type="checkbox"/> CIVILIAN <input checked="" type="checkbox"/> MILITARY	
8. HOUR AND DATE ADMITTED 1800 18 FEB 2002		9. HOUR AND DATE EXAMINED 1930 18 FEB 2002	
10. NATURE AND EXTENT OF ERGOPHOBIA <input type="checkbox"/> INJURY <input checked="" type="checkbox"/> DISEASE <input type="checkbox"/> RESULTING IN DEATH			
11. MEDICAL OPINION: a. INDIVIDUAL <input type="checkbox"/> WAS <input checked="" type="checkbox"/> WAS NOT UNDER THE INFLUENCE OF <input checked="" type="checkbox"/> ALCOHOL <input checked="" type="checkbox"/> DRUGS (Specify) b. INDIVIDUAL <input type="checkbox"/> WAS <input checked="" type="checkbox"/> WAS NOT MENTALLY SOUND (Attach Psychiatric evaluation if appropriate) c. INJURY <input type="checkbox"/> IS <input checked="" type="checkbox"/> IS NOT LIKELY TO RESULT IN A CLAIM AGAINST THE GOVERNMENT FOR FUTURE MEDICAL CARE d. INJURY <input checked="" type="checkbox"/> WAS <input type="checkbox"/> WAS NOT INCURRED IN LINE OF DUTY. <span style="float: right;">BY HIS FOR OPINION: PRESUMPTIVE</span>			
12. THE FOLLOWING DISABILITY MAY RESULT <input type="checkbox"/> TEMPORARY <input type="checkbox"/> PERMANENT PARTIAL <input checked="" type="checkbox"/> PERMANENT TOTAL		13. BLOOD ALCOHOL TEST MADE <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO	14. NO. OF MG ALCOHOL/100 ML BLOOD NONE
15. DETAILS OF ACCIDENT OR HISTORY OF DISEASE (How, where, when) On 18 FEB SM sustained psychiatric trauma while working on monthly USR report. There was no prior HX of psychiatric illness.			
16. DATE 19 MAY 2002	17. TYPED OR PRINTED NAME OF ATTENDING PHYSICIAN OR PATIENT ADMINISTRATOR JOAN P. SMITH, SPC, USA, PAD		18. SIGNATURE 
SECTION II - TO BE COMPLETED BY UNIT COMMANDER OR UNIT ADVISER			
19. DUTY STATION <input checked="" type="checkbox"/> PRESENT FOR DUTY <input type="checkbox"/> ABSENT WITHOUT AUTHORITY <input type="checkbox"/> ABSENT WITH AUTHORITY <input type="checkbox"/> ON PASS <input type="checkbox"/> ON LEAVE		20. HOUR AND DATE OF ABSENCE a. FROM b. TO	
21. ABSENCE WITHOUT AUTHORITY MATERIALLY INTERFERED WITH THE PERFORMANCE OF MILITARY DUTY (Explain in item 30) type of duty missed, hours of duty, and how it did or did not interfere with performance <input type="checkbox"/> YES <input type="checkbox"/> NO			
22. INDIVIDUAL WAS ON <input checked="" type="checkbox"/> ACTIVE DUTY <input type="checkbox"/> ACTIVE DUTY FOR TRAINING <input type="checkbox"/> INACTIVE DUTY/TRAINING		23. HOUR AND DATE OF TRAINING a. BEGAN b. ENDED	
24. RESERVIST DIED OF INJURIES RECEIVED PROCEEDING <input type="checkbox"/> DIRECTLY TO TRAINING <input type="checkbox"/> DIRECTLY FROM TRAINING			
25. MODE OF TRANSPORTATION	26. HOUR BEGINNING TRAVEL	27. DISTANCE INVOLVED	28. NORMAL TIME FOR TRAVEL
29. DUTY STATUS AT TIME OF DEATH IF DIFFERENT FROM TIME OF INJURY OR CONTRACTION OF DISEASE <input type="checkbox"/> PRESENT FOR DUTY <input type="checkbox"/> ABSENT WITH AUTHORITY <input type="checkbox"/> ABSENT WITHOUT AUTHORITY			
30. DETAILS OF ACCIDENT - REMARKS (If additional space is needed, continue on reverse) (Attaching copies as necessary) Based on a review of applicable medical documents, there is no evidence to suggest that alcohol, drug usage or misconduct contributed to the listed injury. Therefore the presumption of <b>IN LINE OF DUTY</b> applies. <b>BY THE AUTHORITY OF THE SECRETARY OF THE ARMY.</b>			
31. FORMAL LINE OF DUTY INVESTIGATION REQUIRED <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO		32. INJURY IS CONSIDERED TO HAVE BEEN INCURRED IN LINE OF DUTY (If applicable on deaths) <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO	
33. DATE 18 Feb 2002	34. TYPED NAME AND GRADE OF UNIT COMMANDER OR UNIT ADVISER BILLY BOB REDNECK, 1LT, MS, Chief, PAD		35. SIGNATURE 